MONTHLY NEWSLETTER

January 2026

Welcome to our Nursery Newsletter!

This month, we'd love to invite you to continue the fun at home with a simple and creative hand-painting activity. Using just a few paints and plenty of enthusiasm, children can explore colours, textures, and self-expression by using their hands as brushes. This activity encourages curiosity and confidence as children experiment with mixing colours, making patterns, and leaving their own unique marks on paper. It's also a great opportunity to talk together about what they are creating, helping to build language and communication skills. Hand painting supports sensory exploration and fine motor development while allowing children to learn through play. Best of all, it creates special moments of connection, laughter, and shared creativity that children will remember and enjoy.

Book of the week – The Snowy Day by Ezra Jack Keats.

This classic picture book follows a young child named Peter as he explores his neighbourhood after the season's first snowfall. It beautifully reflects the experience of cold, snowy days and is perfect for reading aloud with little ones at home during January. It's widely loved by families and appears on many best-books lists.

Useful Links:

https://www.healthiertogether.nhs.uk/child-under-5-years/ready-for-school

No-Bake Chocolate Crispy Cakes

You will need:

- 100g milk chocolate
- 2 tbsp golden syrup
- 50g cornflakes or rice cereal
- Cupcake cases

What to do:

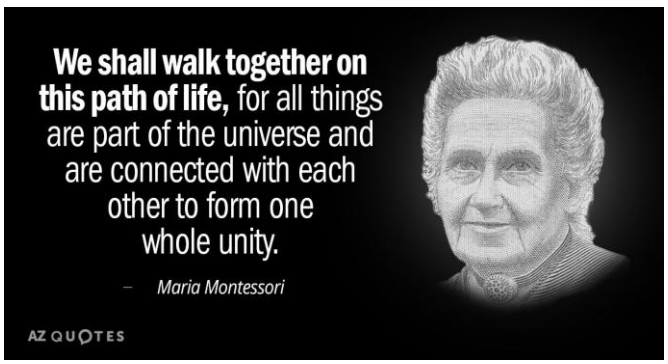
1. Grown-ups gently melt the chocolate and golden syrup together.
2. Let children help stir in the cereal until it's all coated.
3. Spoon the mixture into cupcake cases.
4. Chill in the fridge until set.

This quick recipe is perfect for young children, encouraging turn-taking, counting spoonfuls, and enjoying a tasty treat together!

Montessori ideas to try at home.

Practical Life: Pouring Activity – Set up two small jugs or cups and a bowl, along with dry rice, lentils, or water. Show your child how to carefully pour from one container to another. This activity helps develop concentration, hand-eye coordination, and independence. Children love repeating it, so allow plenty of time and don't rush.

Independence: Dressing Practice - Create a small basket with everyday clothing items such as socks, hats, or zip-up jackets. Encourage your child to practise putting them on and taking them off by themselves. This builds confidence, fine motor skills, and self-care abilities while supporting independence in a calm, encouraging way.



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